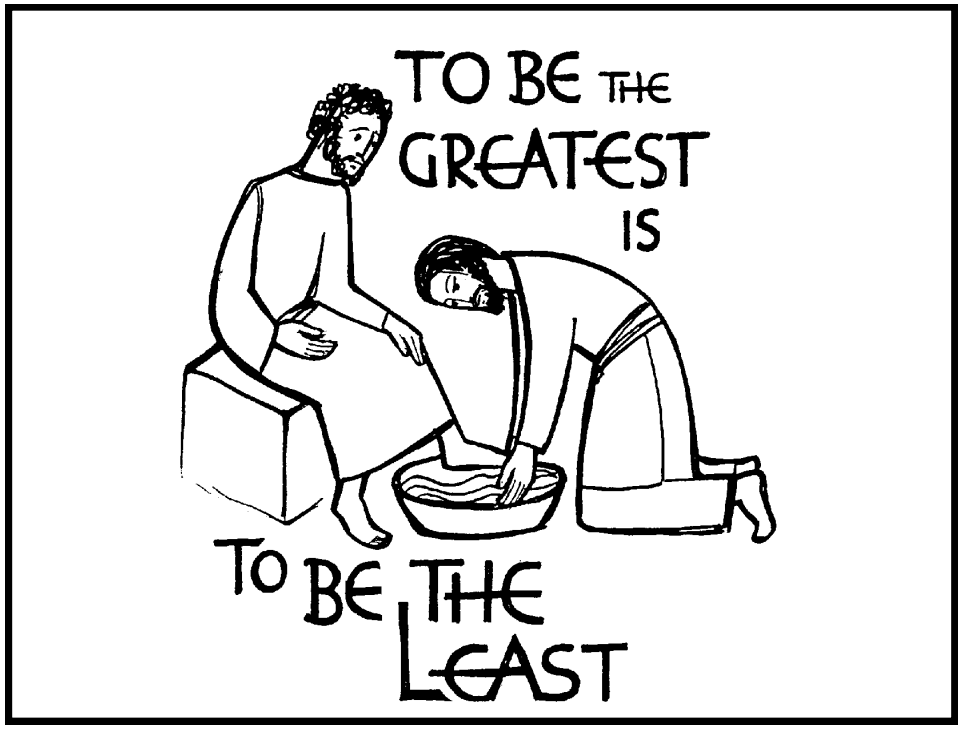
How can I practise self-discipline this week or today so that I can bring joy to others?

Name: _____

Date:_____

RESPOND

Self Discipline



As you listen to the music, think about these questions:
How will self-discipline help growth as a person?
What are the effects of self-discipline?
What do I wonder about Jesus' suffering and death and the Resurrection of Jesus to new life on Easter morning?

Our Big Question—Is self-discipline important in life?

When the music stops we will share our thoughts by passing the holding cross.

Record below what you think is important and you want to hold on to from our SELF DISCIPLINE topic. *It may be a picture, a prayer or some words from Scripture.*

REJOICE	
Self discipline	Use what you have remembered and your reflections to help to plan our class celebration of this topic .
PLAN	
I want to include	
GATHER	
How will we gather? Why would you like to gather in this way?	
WORD – LISTEN	
Which scripture **from the topic** would you like to use?	
RESPONSE	
What action, prayer response would you like to include? Why is that a good response to the Word you have chosen?	
GOING FORTH	
How will we end and carry the message to others in some way? Choose a mission about self-discipline.	